




# Set 1

c, m, d, s, l, r, a, o, u, à




Sound – c

Associated word/phrase – Calum cur car.

	Roll your hands round each other
	Say c c c c as in “cup”
	Write c in the air with your finger


Sound – m



Associated word/phrase – Muc agus mac ag radh  
mmm.

	Rub your tummy
	Say m m m m as in “more”
	Write m in the air with your finger

Sound – d




Associated word/phrase – Dum dum dum dum  
Donna a’ bualadh druma.

	Hit the sticks on the drum slowly
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	Say d d d d as in “door”
	Write <b>d</b> in the air with your finger




Sound – **s**

Associated word/phrase – **Stad! Na sad dad.**

	Put your hand up as if you’re stopping traffic
	Say s s s s as in “sorry”
	Write <b>s</b> in the air with your finger

Sound – **l**



Associated word/phrase – **Las lulu lampa.**

	Click your fingers on one hand
	Say l l l l as in “lobby”
	Write <b>l</b> in the air with your finger

Sound – **r**




Associated word/phrase – **Ra-ra-ra arsa Rona.**

	Wave your hands in the air as if you
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	were at the football
	Say r r r r as in “rabbit”
	Write <b>r</b> in the air with your finger




Sound – **a**

Associated word/phrase – **Ad ùr Anna.**

	Put your hands around your head like a hat
	Say a a a a as in “apple”
	Write <b>a</b> in the air with your finger




Sound – **o**

Associated word/phrase – **Ochan ochan od od**  
**Calum crosta tha thu grod!**

	Shake your head from side to side
	Say o o o o as in “orange”
	Write <b>o</b> in the air with your finger




Sound – u

Associated word/phrase – Lus a' fàs, lus a' fàs,  
lus a' fàs cho mòr.

	Stretch your hand up like a flower growing
	Say u u u u as in “you”
	Write u in the air with your finger

Sound – à

Associated word/phrase – À mo làmh, mo làmh.

	Shake your hand as if it's sore and say ah
	Say à à à à as in “ahh”
	Write à in the air with your finger